

Light Works

esthetics

Spa Products - Equipment - Education

*Keyano &
Aromatics*

Mango Body Wrap

The ultimate anti-aging treat for both the mind and body. Mango provides enhancing skin protection due to a significant amount of polyphenols and tocotrienols found in the fruit. Relax while your body is exfoliated and enveloped in a warm Mango mask followed by an application of Mango Butter Cream.





PROCEDURE: 1.5 Hour

Items needed for treatment: Body brush, Blanket, Sheet, Plastic Wrap, Mango Scrub, Mango Body Mask, Mango Butter Cream, Mango Massage Oil.

Step 1: Prepare the table with a blanket and sheet and lay plastic wrap on the top.

Step 2: Pour 3 oz. of Mango Scrub in a treatment bowl.

Step 3: Escort client to treatment table and have them lie face down.

Step 4: Moisten area and begin exfoliation on the back with the Mango Scrub with a smooth circular motion. Have client turn over and continue with the entire body always in the direction of the heart until skin feels smooth. The abdomen area is applied in a clockwise circular motion. Escort client to shower or remove with wet towels. While client is in shower replace plastic sheet on table. Apply a light coat of Mango Massage Oil to Body.

Step 5: Prepare Mango Mask with 3/4 cup of Mango Mask, 1/4 cup of Mango Butter Cream and approximately 3 oz. of warm water. Mix into a smooth paste. While client is lying face down apply warm Mango Mask to the back of the body. Have client turn over and finish applying to the rest of the body. Only use one hand for application and apply as quickly as possible so client will not become cold. If removing with wet towels use a thinner coat of mask in your application. Do not apply to the bottom of the feet in case client has to leave the table.

Step 6: Wrap client in plastic sheet & cover with sheet and blanket. Keep client as warm as possible.

Step 7: Time for 20 minutes. Perform a relaxing scalp massage while client is resting.

Step 8: Unwrap plastic and escort client to the shower. While client is in the shower remove plastic leaving the sheet on the table. If no shower is available begin removing mask with heated towels or diapers. If using a Vichy shower, rinse on the table. (Do not use soap)

Step 9: Escort client to the table lying face down. Apply Mango Butter Cream to the back, have client turn over and then apply to the rest of the body. Have client rest and drink plenty of water.

Recommended Home Care: Mango Butter Cream, Mango Scrub, Mango Shower Gel.

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