

Light Works

esthetics

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*Keyano &
Aromatics*

Mango Pedicure

A delicious fragrant treatment inspired by the fruit of the tropics. The Mango Pedicure utilizes Mango derived enzymes along with fruit acids designed to gently remove keratinized dead skin cells and callouses. The enzyme removes the top layers of skin leaving a younger smoother skin with uniform pigmentation. The skin is then enveloped in a rich butter cream that contains Shea Butter, Vitamins A, C, D and E for softer silkier, smoother skin.





PROCEDURE: 1.5 hours

Items needed for treatment: Mango Mineral Bath, Mango Scrub, Mango Massage Oil, Mango Pedi Peel, Mango Butter Cream.

Step 1: Prepare a footbath using 2-3 tbs. of Mango Mineral Bath.

Step 2: Remove Polish, apply cuticle softener. Soak feet for 5-7 minutes.

Step 3: Begin the exfoliating process. Moisten area and apply Mango Scrub and massage feet moving up the ankle area towards the Heart. Re-apply as many times as necessary to remove dead skin cells.

Step 4: Remove feet from bath, dry, clip nails and manicure cuticles. When using a jetted tub, leave jets off from this point.

Step 5: Begin masking process, Mix 1 heaping tbs. of Mango Pedi Peel with 1 level tbs. Mango Butter Cream add warm water until a creamy consistency. Continue to add water until mask is completely saturated. Apply to the feet with a mask brush or spatula, concentrating on the heels and calluses. Wrap feet in a warm wet towel or plastic bag, leave the Mango Pedi Peel on the feet for 7 minutes. While mask sets, give the client a hand and arm massage using Mango Butter Cream.

Step 6: Remove the Mango Pedi peel with the towel the feet are wrapped in or remove as much as possible with plastic bag and rinse with warm water.

Step 7: Blade if necessary and use foot file to remove calluses.

Step 7: Massage feet and legs with Mango Massage Oil and follow with a light application of Mango Butter Cream.

Step 8: Dry feet, clean nails, and polish.

Recommended Home Care: Mango Butter Cream, Mango Scrub, Mango Shower Gel.

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